

## Menu Guide

*Breakfast Extras are in addition to our normal breakfast spread*

### Day 1 (Transfer Day)

#### *Breakfast Extras*

*Pains au Chocolat, Croissants & Yoghurt*

#### *Afternoon Tea*

*Apple and Cinnamon Cake*

#### *Evening Meal*

##### *Starter*

*Spicy Pumpkin Soup*

#### *Main Course*

*Mediterranean Beef Casserole with Whole Grain Mustard Mash, Honeyed or Cinnamon carrots & peas*

#### *Vegetarian*

*Lentil and Red Bean Casserole*

#### *Dessert*

*Banana and Honey Bread & Butter Pudding*

### Day 2

#### *Breakfast Extras*

*Tomato Baked Eggs with Bacon*

#### *Afternoon Tea*

*Rich Golden orange & walnut flapjacks*

#### *Evening Meal*

##### *Starter*

*Spaghetti with lemon, basil & parmesan*

#### *Main Course*

*Honey Glazed Chicken with a Coriander Salsa marinade and Warm Nicoise style Potato Salad.*

#### *Vegetarian*

*Sweetcorn Fritters with a Coriander Salsa Marinade*

#### *Dessert*

*Individual Dark Chocolate Mousse with red berries*

### Day 3

#### *Breakfast Extras*

*Porridge*

#### *Afternoon Tea*

*Classic Victoria Sponge*

#### *Starter*

*Creamy Leek & Potato soup*

#### *Main Course*

*Crispy BBQ Pork with Scented Couscous & Ratatouille*

#### *Vegetarian*

*Marinated Spiced vegetable kebabs*

#### *Dessert*

*Apple & Peach Cinnamon Cobbler*

### Day 5

#### *Breakfast Extras*

*Banana pancakes with Maple Syrup*

#### *Afternoon Tea*

*Coffee Yoghurt Cake with Coffee Flavoured Icing and Walnuts*

#### *Starter*

*Warm Goats cheese salad with Honey vinaigrette*

#### *Main Course*

*Thai fish curry (with ginger, coriander & coconut milk) served on a bed of Basmati Rice with Roasted or Sauteed Peppers & Courgettes*

#### *Vegetarian*

*Thai Vegetable Curry*

#### *Dessert*

*Chocolate brownie with Brandied Crème Anglaise*

*Day 6*

*Breakfast Extras*  
*Blueberry muffins*

*Afternoon Tea*  
*Double chocolate cookies*

*Starter*  
*Tomato & Basil Soup*

*Main Course*  
*Chicken Hot Pot with Hasselback Potatoes & Braised  
cabbage*

*Vegetarian*  
*Aubergine & Mushroom Bourguignon*

*Dessert*  
*Iced Berry Soufflé*

*Day 7*

*Breakfast Cooked Option*  
*Sausages, Fried eggs and Baked Beans*

*Afternoon Tea*  
*Lemon Yoghurt Cake with a Lemon Zest Icing*

*Starter*  
*Roasted tomato, Brie and Bacon salad*

*Main Course*  
*Duck with Raspberry & Port sauce with Boulangère or  
Dauphinoise potatoes, Garlic Green beans & Roasted  
Peppers/Courgettes*

*Vegetarian*  
*Nut burger with Raspberry & Port Sauce*

*Dessert*  
*Chocolate Tart*

*Day 4 (Day Off)*

*Breakfast*  
*Our normal Continental Style break-  
fast with Pains au chocolat & Croissants*

*Afternoon Tea*  
*Citrus Slice*

*Afternoon Tea Menu*

*Day 1*  
*Apple and Cinnamon Cake*

*Day 2*  
*Scones with Whipped cream & jams*

*Day 3*  
*Classic Victoria Sponge*

*Day 4 (Day Off)*  
*Citrus Slice*

*Day 5*  
*Coffee Yoghurt Cake with Coffee Flavoured Icing and  
Walnuts*

*Day 6*  
*Flapjacks*

*Day 7 (Transfer Day)*  
*Lemon Yoghurt Cake with a Lemon Zest Icing*