

Lac Mine D'or Route Card

Description:

A full day out, cycling or walking up the river Dereches past the Nyon Cascades, (waterfall), through pine forests and across the wild meadows of Vallee de la Manche. Zig zag your way up the hill to finish at Lac Mines D'or from where you can enjoy further walks or just rest and enjoy this peaceful lake. Have a bite to eat or refresh yourself at the lakeside restaurant "Chalet Les Mines D'or which serves traditional Savoie food. It's a refreshing change and well off the beaten track for nature lovers. Perfect with a picnic for quiet afternoon in the sunshine.

You can also access the lake by free shuttle bus. Many superb walks start from the lake, so just pick a trail and go and explore the surrounding area.

More about the lake:

At the bottom of the Channel Valley, also called the Vallée des Mines d'Or, this small but beautiful lake enjoys a peaceful and tranquil environment. The area teems with nature and enjoys spectacular views. You will walk or cycle through forest and alongside the river and then up alongside mountain pastures and coniferous forests that surround the lake. You will be able to observe the biodiversity of this preserved natural area and admire the spectacular "Rouleau de Bostan": a magnificent fold of rocks "made of onion peels". It is also the starting point for many ideal family walks following easy and well-marked paths.

Facilities there: Café at the lake, small restaurant overlooking the water

Route Grade: Intermediate walking/biking due to distance but easy terrain (along gravel & tarmac road); or take the free shuttle bus

Distance/Time: 7.9km 1hr 30m by bike, 2 hr 30m by foot



- **By gentle trails (walk & bike):** From the resort centre (town hall and church) head out of Morzine towards Nyon. After 350m there is a small roundabout with an iron-work/metal sculpture on it. It is 50m from fire station. Cross over the roundabout and immediately over the bridge, you will drop down onto the trail which is just before the fire station. Follow the trail along the river for a kilometre or so until you see a large open car park, stay on the trail which follows adjacent to the car park. Continue to follow the riverside trail for around 4 kms until it joins back onto the road in Vallee de la Manche.
- Once you've re-joined the road keep heading up until it goes through the woods, you will then see signs for lac Mines D'or
- Weave your way up the road between the trees for around 1.5 to 2 km's you will then arrive at the lake.

- **By road (walk & bike):** From the resort centre (town hall and church) head out of Morzine towards Nyon. After 350m there is a small roundabout with an iron-work/metal sculpture. At this roundabout continue straight over and after 50/100 metres take the immediate right on the hairpin (straight on) signed to Nyon.
- Keeping the cemetery on your right hand side follow the path up the hill until you see signs for Nyon Telepherique
- Turn right down the road cycling past the Nyon Telepherique (on your right)
- You will enter the Nyon car park at the bottom of the road.
- Once at the bottom of the road in the Nyon car park, turn left to pick up the small trail running alongside the river.
- Follow the river trail for around 4 kms until it joins back onto the road in Vallee de la manche
- Once you've re-joined the road keep heading up until it goes through the woods, you will then see signs for lac Mines D'or
- Weave your way up the road between the trees for around 1.5 to 2 km's you will then arrive at the lake.

- **By Bus:** Pick up the free bus from Pleney taking bus line E, which terminates at Lac Mine D'or taking around 25mins. To return take bus line E from the otherside of the road back to Pleney.

